









# LAMPTON WEEKLY LUNCH MENU

WEEK 2

	MONDAY	TUESDAY	VEGGIE WEDNESDAY	THURSDAY	FRIDAY
 <b>HOT SNACKS</b> (HOT KITCHEN)	Spelt margherita pizza <b>£1</b>  Lamb sausage roll <b>60p</b>	Spelt margherita pizza <b>£1</b>  Lamb sausage roll <b>60p</b>	Spelt margherita pizza <b>£1</b>  Veggie sausage roll <b>60p</b>	Spelt margherita pizza <b>£1</b>  Lamb sausage roll <b>60p</b>	Spelt margherita pizza <b>£1</b>  Lamb sausage roll <b>60p</b>
 <b>MAIN</b> (HOT KITCHEN)	Sweet and sour chicken, yellow rice  <b>£2.20</b>	Braised river trout, roast new potatoes  <b>£2.20</b>	Zu-canoes, garlic bread  <b>£2.20</b>	Beef bangers and mash  <b>£2.20</b>	Traditional fish + chips, mushy peas  <b>£2.20</b>
 <b>VEGAN SIDES</b> (HOT KITCHEN)	Callaloo	Charred beans with lemon, garlic and green chilli	Ratatouille	Cumin roasted carrots and spinach	Grilled cucumber and squash
	All Vegan sides are FREE with main or pasta				
 <b>PASTA</b> (HOT KITCHEN)	Vegan Stir fry noodles  <b>£2.20</b>	Proper Italian cannelloni  <b>£2.20</b>	Lexa's New Jersey Mac + Cheese  <b>£2.20</b>	Spaghetti cacio e pepe (cheese and pepper)  <b>£2.20</b>	Brick-of-yum lasagne  <b>£2.20</b>
 <b>SALAD BAR</b>  SERVING: SALADS, SOUP & BREAD & DESSERTS	 Tsatsiki, hummus, green salad, asian slaw, caprese salad – available all week. (Choice of up to 3 salads - <b>£1.60</b> )	<hr/> Green piri piri chicken baguette <b>£2.20</b> Crisp sarnie <b>£1.60</b> Green piri piri chicken baguette <b>£2.20</b> Cheese club sandwich <b>£1.60</b> Cheese club sandwich <b>£1.60</b> Cheese club sandwich <b>£1.60</b> Maltese tuna ciabatta <b>£2.20</b> Egg salad & cress ciabatta <b>£2.20</b> Maltese tuna ciabatta <b>£2.20</b> Soup or Deal of the day <b>£1.60</b> . All of the above include a choice of two salads.			
	 Cake of the day <b>£1</b> / Biscuit or cookie <b>60p</b> / Fresh fruit <b>60p</b> – available all week.				
 <b>SNAK SHACK</b> STREET FOOD	Lamb kofta wrapped kebab  <b>£2.20</b>	Mexican tacos  <b>£2.20</b>	Smoked cauli steak burger, kimchi  <b>£2.20</b>	Jerk chicken bun  <b>£2.20</b>	Buffalo wings  <b>£2.20</b>



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